

Matthew Lam



Matthew is an executive coach, corporate trainer, entrepreneurship consultant, and university lecturer. He began his professional career with ten plus years as a healthcare financial executive, and then moved on to international trade between Asian countries and the USA for fifteen years. He has served as a board member and treasurer of the CHP group – an Oregon health care corporation specializing in chiropractic, acupuncture, naturopathic, and massage therapy.

As an entrepreneur, Matthew worked extensively with Asian business executives. He is proficient at business start-up, building marketplace niches, and dealing with Asian suppliers. He lectures at both Chinese and American universities on topics such as international trading, and entrepreneurship. He has led numerous training workshops in Hong Kong on leadership using effective coaching skills.

Coming to the United States from Hong Kong thirty years ago, Matthew is very familiar with the cross-cultural divide between Asian and American executives. These include leadership styles, verbal and nonverbal communication, working relationships, team building as well as harmonizing and respecting cultural differences.

Matthew's strength is in helping executives focus on their leadership style, connect with peers, and manage various aspects of their lives using holistic principles. His training methods hold individuals accountable for their actions and inactions. He enjoys helping each individual have an honest self-examination while opening new chapters in their life.

Matthew received his coaching training and certification from the Hudson Institute of Coaching, and is an International Coaching Federation, Associate Certified Coach (ACC). He is also a Certified Management Accountant (CMA) and a licensed KRH consultant. He has a Masters of Public Health degree, focused on healthcare administration, from the University of South Carolina, and a Masters of Accountancy from the University of Georgia. His Bachelor Degree in Economics is from the Chinese University of Hong Kong (CUHK).

For more information on Matthew's coaching & consulting services, contact mattlam@pacificec.com.